



Summer Counseling Electives and Institutes

Long Island University's Hudson Graduate Center at Westchester offers a broad array of electives and institutes throughout the Summer.

If you would like more information on our Counseling, Psychology and Therapy Programs, or to register for a course, please contact Dr. Beth Weiner at (914)831-2717 or beth.weiner@liu.edu.

New
for
2013

SPC 745L: Listening With the Heart: Counseling Issues Related to Medical Illness.

Tuesdays and Thursdays, May 28 - July 1, 4:30 – 8:15pm

An acute or chronic medical illness can affect every aspect of an individual's or family's functioning and cuts across all socioeconomic and cultural differences. This course will address psychological, social and spiritual aspects of illness; advanced communication skills with the medically ill; family and caregiver burnout; professional caregiver stress, burnout and compassion fatigue; issues of end of life care. We will also consider the development of presence and mindfulness when encountering suffering. The course will employ lectures, guest lecturers and interviews, film and video clips, class discussion and creative activities. The goal of this intensive is to learn to encounter the challenges of medical illnesses with more knowledge, sensitivity and capacity for wise intervention.

SPC 658 – The Counselor as a Team Member. Saturdays, June 1 – June 29, 9:00am – 5:00pm

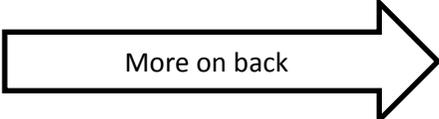
An introduction to student personnel services in school settings; various forms of organization and functions; the multidisciplinary foundations of guidance services in schools. Focus on contemporary issues of concern to student personnel work, and specifically on the role of the counselor as a team member of the student personnel staff.

SPC 675E - Introduction to the Techniques of Substance Abuse Counseling: Treatment and Rehabilitation. Mondays and Wednesdays, July 8 – August 9, 4:30 – 8:15pm

Introduces basic alcoholism and substance abuse counseling techniques. Treatment approaches and their role and function in the recovery process will be examined. Includes assessment; treatment planning; care management; individual, group and peer counseling. Also includes methods for guiding recovering individuals towards appropriate vocational choices.

SPC 745C – College Admissions Process. Mondays and Wednesdays, May 28 – July 1, 4:30 – 8:15pm

This course is designed for students presently working in a school setting, or pursuing a path leading to certification in guidance and counseling. The broad span of topics covered will assist them with the knowledge and skills to work effectively with students and families for the college admission and selection process. Through a multi-modal approach, students will develop practical skills to help traditional, special and diverse populations. Current trends in college admissions, ethical issues, financial aid, the student essay, letters of recommendations, admissions testing and the student athlete are among the many topics that will be addressed.

More on back 

SPC 745E – Counseling the Special Education Student. (Week-long Institute) Monday, July 29 – Friday, August 2, 9am – 5pm

This course aims at providing the student/practitioner with a broad, in-depth understanding of myriad factors which impact on the adaptation, self-image and adjustment of special education students. Categories of special education populations will be introduced. Through such understanding, the course will then develop and explore counseling and palliative principles to guide work with such populations. Self-awareness as related to these issues will be stressed throughout the course as students develop a deeper comprehension of ethical and professional counseling practice in our diverse society.

SPC 745O – Dealing with Loss and Grief. (Week-long Institute) Monday, August 12 – Friday, August 16, 9am-5pm

This course will utilize a variety of teaching methods including lectures, therapeutic art and writing activities, creative games, role-playing, group discussion and other interactive exercises designed for students experiencing loss and grief. Session topics will include grief affecting educators and students; age appropriate classroom curricula, school based grief support groups; crisis intervention plans and community resources. The sessions will attempt to help the participants understand their personal response to loss and grief, as well as understand and respond to the grief that follows all kinds of losses in students' lives.

SPC 748 – Middle School Counseling. Mondays and Wednesdays, May 28 – July 1, 4:30 – 8:15pm

This course focuses on teaching the student how to successfully navigate a comprehensive middle school counseling program. The course leads the student through the academic, developmental, emotional and social challenges faced by the young adolescent student in grades six through eight. Also discussed will be the specific role and responsibilities of the middle school counselor, the importance of parent partnerships, student transition from elementary school and to high school, CSE and 504 plans, RTI, the team teaching environment and team meetings, career awareness, middle school counseling groups and crisis interventions.



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