

**C.W. Post Campus
Department of Public Safety**

Driving Drunk or Under the Influence

What is it and is it a Crime?

Driving under the influence of alcohol (also known as-driving while intoxicated, drunk driving, drinking and driving, drink-driving)- this is the act of operating a motor vehicle (and even a bicycle, boat or horse in some jurisdictions) after having consumed alcohol, or other drugs, to the degree that mental and motor skills are impaired. **It is a crime!**

It is also a criminal offense in all states to drive a vehicle while under the influence of drugs DUID, or under the combined influence of alcohol and drugs; the drugs themselves need not be illegal, but can be prescription or even over-the-counter.

The legal drinking age in New York State is 21 years of age and the blood-alcohol concentration (BAC) of 0.08%, in some states the BAC is less.

Designated Driver (D.D.)

It is important when you are going out to pre-select someone as the designated driver before you leave or before everyone starts drinking. This person should have no alcohol beverages to drink and should not use any form of drug (legal or illegal) that will impair their judgment when it is time to drive.

D.D.'s save lives!

Myths and Facts about drinking and driving

Myths- Coffee can sober up someone who has had too much to drink.

Fact- Only time can sober a person that has been drinking, it takes about one hour to metabolize each drink.

Myths- Hard liquor is more intoxicating than beer or wine.

Fact- A 12-ounce beer, a five ounce glass of wine and a 12 ounce wine cooler contains the same amount of alcohol and the same intoxication potential as an ounce-and-a- half of hard liquor.

Myths- Someone who has had too much to drink and is drunk will look intoxicated.

Fact- A person's physical appearance can be misleading. One drink can impair someone's ability to drive. Judgment is the first thing that is affected when someone has been drinking and important motor skills are the next to go.

Where to go for help if you suspect a friend has a problem

1. The C.W. Post Student Health and Counseling Center has counselors that you can speak to
The office hours are: Monday- Friday 8a.m.-8p.m.
Located in the Life Science Building in Room 154
Phone number- 516-299-2345

2. If you like to remain anonymous you can call the Nassau County help lines:

NC Drug and Alcohol 24-Hour Hotline 516 481-4000

Alcoholics Anonymous 516 292-3040

To Protect and Educate