

Major Day Information Sheet

Department: BS in Sports Science

Location: HS 309

Contact Person: Eugene Spatz

Phone Number: 718-488-1026

Major: Sport Science

Description of Major:

The 128-credit Bachelor of Science (BS) in Sports Science (SPS) is a program focusing on health, exercise and fitness for the general population, athletes and individuals with special needs. The program offers concentrations in Exercise physiology, Sports Management, Adapted physical education and coaching and conditioning.

Is a minor available? Yes

Students in this major should enjoy the following subjects:

- Anatomy
- Exercise physiology
- Exercise and fitness evaluation

Special requirements to be accepted into this major (ex. Exam, volunteer experience, GPA):

2.0 GPA

Classes to consider if you are interested in this major:

- Sport Functional Training and Performance I and II-SPS 21 and SPS 22
- Basic Principles of Athletic Training-SPS 142
- Responding to Emergencies in Sports and Physical Activity-SPS 143

Examples of jobs alumni of this major have obtained:

- fitness instructors
- person trainers
- exercise physiologist
- adapted physical activity specialist
- sports manager
- event planner
- strength and conditioning coach