



School of Health Professions and Nursing Monthly Newsletter

January 2017

Message from the Dean

As we move into the New Year, I would like to thank all our faculty, administrators, and support staff for a very productive 2016. In 2017, we will continue to face the excitement and challenges of growth and expansion. Our faculty is growing, as is our student population. I look forward to working with all of you in providing the best educational and learning experiences to our outstanding students.

News from the Dean's Office



Congratulations to Dean Gropack as one of this year's Power Women.

The Power Women program recognizes influential women in businesses in Nassau and Suffolk counties whose achievements and participation helped to make a difference in the communities where they work and live.

Student Interprofessional Education (IPE) Event

On April 18th, 2017, The School of Health Professions and Nursing (SHPN) will be hosting its first Student IPE Event. The event is designed to allow students from the SHPN as well as other students across the campus to interact while collaborating on issues in health care. The focus of the event will be understanding the different roles and responsibilities among health care professionals, and how to work collaboratively as a team. We are expecting 200 students to participate, as well as 20 faculty members.

UPCOMING EVENTS

January 6, 2017

Dietetic Internship Open House
11:30am to 1:00pm
Humanities Room 119

January 31, 2017

Film Screening: **Very Young Girls**
Time and location to be announced

SAVE THE DATE!

February 4, 2017

Forensic Social Work Conference
9:00 AM – 3:30 PM
Humanities 119

March 4, 2017

Depressed, Borderline, or Bipolar?
Brian Quinn, PhD, LCSW
9:00 am–12:00 pm
1:00 pm – 4:00 pm
Lorber Hall, Room 100

April 18, 2017

Student IPE Event
12:00pm – 2:00pm
Tilles Atrium



Nutrition

Interns from the LIU Post Dietetic Internship (DI) completing their Health and Wellness rotation have been busy with community nutrition activities off campus as well as on campus. On November 3rd, they visited the Amityville facility of Hope for Youth, a not-for-profit agency founded in 1969 that provides residential, outpatient, preventative, clinical, and foster care services for children, youth and families on Long Island.

In collaboration with Professor Dan Jacobsen, assistant professor of Nursing, dietetic interns Jessica Jaeger, Andrea Senenman and Amanda Graffeo (left to right in photo), were quick to identify a cooking demonstration of modifications to favorite recipes as a fun and effective way to kick off the effort to help Hope for Youth staff improve the healthfulness of group home residents' diets. With a few adjustments, the interns were able to knock off over a 100 calories and 13 grams of fat from a traditional macaroni and cheese recipe, and cut 300 calories from traditional fried chicken by baking it instead. Staff tried the dishes and found them to be delicious and satisfying; very optimistic that residents would like the modified recipes. During the demonstration, the interns also answered staff members' questions about how to incorporate more fruits and vegetables into their menus, and provided ideas for healthier snacks and desserts.

The Dietetic Internship looks forward to continuing the partnership with Hope for Youth, and fostering interprofessional collaborations with other SHPN departments and programs. (For copies of the recipes, contact DI Director Cindy Pierce at Cynthia.pierce@liu.edu)



Department News

Health Sciences

Course Highlight: The HSC 101 Introduction to the Health Professions course gives students a fundamental understanding of the US Healthcare system, professional ethics in healthcare, and how to implement cultural competency when working with a wide range of patients or clients. In addition, students learn about the wide range of professions that are part of the health care team, as part of career exploration and to become familiar with the colleagues you will one day work side by side with. The course is open to any student interested in health professions. For more information on HSC 101, please contact Dr. Marci Swede at marci.swede@liu.edu

Health Information Management

The Health Information Management program has recently secured an affiliation agreement with Meridian Hospitals organization which includes six hospitals throughout New Jersey and they are also in the process of securing affiliation agreements with two other major health systems in Georgia.

Social Work

The annual “Many Faces of Family Violence” conference will be held on April 7th. The keynote speaker is Lundy Bancroft. He is an author, workshop leader, and consultant on domestic abuse and child maltreatment. His work focuses on three areas:



Training professionals on best practices for intervening with male perpetrators of violence against women, toward the goal of promoting accountability and requiring change.

Training professionals on the dynamics of emotional injury and recovery in children who are exposed to a man who abuses their mother, to prepare participants to offer the most effective and safe assistance possible to children and their mothers.

Supporting healing and empowerment for abused women, with an emphasis on advocating for the human rights of mothers and their children.

For more information on this program, please contact Dr. Elissa Giffords at elissa.giffords@liu.edu

Health Care and Public Administration

Dr. Henderson presented papers at two conferences: Babeş-Bolyai University in Cluj-Napoca, Romania and the Association for Research on Nonprofit Organizations and Voluntary Action (ARNOVA) in Washington, DC.



Dr. Henderson also has three articles accepted for publication in peer-reviewed journals:

Sun, R., & Henderson, A.C. Transformational Leadership and Organizational Processes: Influencing Public Performance. Forthcoming in *Public Administration Review*.

Charbonneau, E., Bromberg, D., & Henderson, A.C. Steering a Swarm: Compliance and Learning in a Municipal Performance Measurement Regime. Forthcoming in *Administration & Society*.

Charbonneau, E., Henderson, A.C., Pichet, P., & Ladouceur, B. Process Tracing in Public Administration: The Implications of Practitioner Insights for Methods of Inquiry. Forthcoming in the *International Journal of Public Administration*.

Nursing



The NYS ID/DD Nurses Association recently held its annual conference at the Crowne Plaza in Suffern NY. Laura Prager is the President of the Association that currently has over 350 members statewide. They had over 200 attendees participate in the 32nd Annual Conference this fall. Membership is open to registered nurses and nursing students. The Association's mission is to promote the interests of the nursing practice to the community. They strive to make a difference by educating the public and expanding their reach to nurses.

The NYS ID/DD Nurses Association was founded to promote intellectual and developmental disability nursing as a specialty area of practice. The association continues to support members' activities in nursing law, education, research and practice. Members gain professional and personal growth by participating in the activities that are provided by the association. The association's mission is to

promote the professional development of nurses who are interested in persons with intellectual and developmental disabilities through educational opportunities and research. The association maintains positive relationships with other nursing, healthcare industry, government regulatory groups, to inform and enhance the nursing practice of our members. This professional nursing organization is a wonderful opportunity for students in LIU Post's pre-licensure program and RN completion program to learn more about the many opportunities available in the nursing profession.

Dr. Olivieri had her DNP project poster accepted at the Annual NPA of NY accepted for presentation at the Niagara Falls, NY Annual Convention and the NPALI local chapter annual convention in 2015 and 2016.

Dr. Olivieri has published an article Fall 2016: Olivieri, C. (2016). Boy, am I tired!! Sleep...why you need it! *Journal for Leadership and Instruction*, (15)2, 33-36. This is an article for a SCOPE journal which is an international journal specific for those in the field of education. As sleep in an important component to learning, the article was an exploration on the history of human sleep patterns, how they developed and why they are very different from how we sleep today in modern society. Dr. Olivieri also sits on the peer review committee for this biannual journal.



Biomedical Science



Congratulations to Hilal Khalil for receiving the 2016 Scholarship of Excellence Award from Association of Allied Health Professions (ASAHP).

Dr. Azad Guwra has had an article published by the American Journal of Infection Control:

Guwra, A., Dolar, V., MS, C., Epstein, S., Correlations between quality ratings of skilled nursing facilities and multidrug-resistant urinary tract infections. *American Journal of Infection Control*, 2016, 44, 1256-1260.

Profiles of the Month

Department Profile: Biomedical Science

The Department of Biomedical Science offers programs that combine biology and medicine in order to prepare professionals for advancement in the important fields of laboratory work, clinical research, and health care.

The Department offers Bachelor of Science degrees in Biomedical Technology and Clinical Laboratory Science, Generalist (National Accrediting Agency for Clinical Laboratory Sciences (NAACLS) accredited).

Graduate programs include the M.S. in Clinical Laboratory Sciences in which qualified students will be eligible to take for the American Society of Clinical Pathology (ASCP) certification exam and acquire NY State licensure that is required for employment in a clinical laboratory; the M.S. in Biomedical Sciences with specializations in Microbiology/Infectious Diseases, Medical & Molecular Immunology, Applied Laboratory Medicine (a combination of the former Hematology & Medical Chemistry concentrations), and Cancer Biology; and the M.S. in Cardiovascular Perfusion, which is accredited by Commission on Accreditation of Allied Health Education Programs (CAAHEP) in conjunction with the Department of Cardiovascular and Thoracic Surgery at North Shore University Hospital in Manhasset, New York.

Faculty Profile: Mary Infantino, Nursing

Mary Infantino PhD, RN, ANP, BC, received her BS in Nursing from Molloy College and her doctorate in Nursing from Adelphi University. She is an Associate Professor and the Chairman of the Department of Nursing at the LIU Post Campus of Long Island University, located in Brookville NY. She is state and nationally certified as an adult nurse practitioner. She has practiced as an RN for 32 years and a nurse practitioner for 22 of those 32 years. Dr. Infantino believes that the advantages of her dual role as nurse practitioner and professor are reciprocal. Practice strengthens teaching and teaching reinforces practice.



Dr. Infantino practices primary care with an integrative and anti-aging focus, and a sub-specialty in women's health. She is knowledgeable in menopause/climacteric bio-identical hormones, diabetes, weight loss, thyroid issues, as well as creating nutrition and supplement programs. Dr. Infantino additionally offers modalities based on holistic nursing and vibrational medicine theories, including aromatherapy and essential oils therapeutic touch, and homeopathic remedies.

Dr. Infantino was a regular guest of Dr. Frederic Vagnini, the well-known physician and radio talk show host of the "Heart Show". She created several webcasts aimed at educating the community about both traditional and integrative approaches to such health issues as, menopause management, osteoporosis, and Gastroesophageal Reflux Dysfunction (GERD). Additionally, she has co-authored two books with Dr. Vagnini, including *The heart surgeon's secret to a healthy heart* and *Beating the cardio-diabetes connection*.

Dr. Infantino research interests have been focused on older adult health and women's health, and she has published in both the nursing and medical journals. The topic of her doctoral dissertation was *The lived experience of gardening in older adult women in a community setting*.

Most recently completed her latest research project, which included 1500 women, entitled, *Gastroesophageal reflux symptoms in peri-menopausal and menopausal women*. The results of this study were presented at the National Association of Nurse Practitioners in Women's Health Annual Conference, October 2012.

Profiles of the Month continued

Staff Profile: Barbara Schnarr, Department Secretary, Health Science



Barbara Schnarr is a new member of the LIU Post community, starting as the Health Sciences secretary in April 2016. Prior to coming to Post she spent many years working in the airline industry after graduating with a B.S. in Management from St John's University. She loved traveling to many exotic and interesting places but after having 2 children she decided to go back to school and get her Masters in Education. Upon completion of her degree from St John's she worked as a preschool teacher in a private school for developmentally disabled children. When the program decided to close she chose to pursue a different career path, which is how she ended up at LIU Post. She is happy working not only with staff at this University but the students as well and appreciates all the opportunities that LIU Post has to offer.

Student Profile: Anum Sheraz, Nutrition

Ms. Anum Sheraz received her B.S. degree in nutrition from LIU Post in 2015. After graduating, Anum secured a position as a Nutrition Educator with Cornell University's Cooperative Extension in Nassau County. After spending some time working in community nutrition, she gained the valuable skills needed to move forward in her career.

Anum recently obtained a new position as a Project Specialist with ProPhase, a global provider of specialty solutions in clinical trials whose goal is to optimize the selection, use, and analysis of behavioral endpoints to mitigate trial risk and maximize the likelihood of study success. Through collaboration and evidence-based innovation, ProPhase works to transform measurement science in clinical trials and improve outcomes for all stakeholders.

In her position with ProPhase, Anum manages key study deliverables by providing support for Scale Management, Rater Training and Clinical Data services activities. With this experience, she plans on moving further into higher management roles.

Anum was recently accepted into the M.S. degree program in Project Management at NYU, which begins in Fall 2017.

For more information about our programs, email Post-SHPN@liu.edu or call (516) 299-2485